

Camp Eagle Pride Procedures:

| <u>Phase I per Davidson County</u> | <u>Phase II per Davidson County</u> | <u>Phase III per Davidson County</u> |
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| <p><u>Employees</u> Temperature will be checked upon arrival Masks will be worn while inside When outside, masks may be removed if employee is socially distanced</p> <p><u>Students</u> All of these items need to fit in a backpack and the backpack must fit in the cubbies.</p> <ul style="list-style-type: none"> ● Campers may wear a mask but are not required ● Towel ● 2 books ● Lunch ● Reusable water bottle, easily identifiable, not consumable plastic water bottle as these can get mixed up easily. ● Electronics are allowed for limited use. Campers will not have access to WiFi. | <p><u>Employees</u> Temperature will be checked upon arrival Masks will be worn while inside When outside, masks may be removed if employee is socially distanced</p> <p><u>Students</u> All of these items need to fit in a backpack and the backpack must fit in the cubbies.</p> <ul style="list-style-type: none"> ● Campers may wear a mask but are not required ● Towel ● 2 books ● Lunch ● Reusable water bottle, easily identifiable, not consumable plastic water bottle as these can get mixed up easily. ● Electronics are allowed for limited use. Campers will not have access toWiFi. | <p><u>Employees</u> Temperature will be checked upon arrival Masks will be evaluated at Phase III based on CDC recommendations.</p> <p><u>Students</u> All of these items need to fit in a backpack and the backpack must fit in the cubbies.</p> <ul style="list-style-type: none"> ● Campers may wear a mask but are not required ● Towel ● 2 books ● Lunch ● Reusable water bottle, easily identifiable, not consumable plastic water bottle as these can get mixed up easily. ● Electronics are allowed for limited use. Campers will not have access to WiFi. |
| <p><u>Drop Off</u> 7:30am-9:00am in front of lower school Campers only will get out of car Parents will sign in via clipboard - pens provided and sorted as used for cleaning. Camp personnel will conduct screening, more information below. Campers will go to assigned groups and areas</p> | <p><u>Drop Off</u> 7:30am-9:00am in front of lower school Campers only will get out of car Parents will sign in via clipboard - pens provided and sorted as used for cleaning. Camp personnel will conduct screening, more information below. Campers will go to assigned groups and areas</p> | <p><u>Drop Off</u> 7:30am-9:00am at dock door of lower school. Parents may walk students to the door and sign in at the table at the door. Camp personnel will conduct screening, more information below. Campers will go to assigned areas.</p> |

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| <p>*If drop off is after 9:00am - must email cameaglepride@nashvillechristian.org with time or communicate through the Remind App. *If camper is sick or has a fever of 100.4 or higher, please see note in screening section below.</p> | <p>*If drop off is after 9:00am - must email cameaglepride@nashvillechristian.org with time or communicate through the Remind App. *If camper is sick or has a fever of 100.4 or higher, please see note in screening section below.</p> | <p>*If drop off is after 9:00am - must email cameaglepride@nashvillechristian.org with time or communicate through the Remind App. *If camper is sick or has a fever of 100.4 or higher, please see note in screening section below.</p> |
| <p><u>Daily Routine - Davidson County Phase I</u> Campers will be in groups of 9 with 1 counselor. Campers will be in contact with other campers as they participate in activities. Campers will be in own grouped classrooms. Campers will rotate to different areas on campus for outside time, games, and crafts. Campers will wash hands prior to entering classrooms after arrival, after every rotation, before and after lunch. Groups will stay in the assigned classrooms throughout the day. Lunch will take place in groups' assigned classroom. Shared spaces will be cleaned after each group. Equipment and supplies will be cleaned after each use. *If a camper becomes ill or has a fever, camper will be isolated from other campers and parents will be notified and required to pick up immediately.</p> | <p><u>Daily Routine - Davidson County Phase II</u> Campers will be in groups of 20 with 1 counselor. Campers will be in contact with other campers as they participate in activities. Campers will be in own grouped classrooms. Campers will rotate to different areas on campus for outside time, games, and crafts. Campers will wash hands prior to entering classrooms after arrival, after every rotation, before and after lunch. Groups will stay in the assigned classrooms throughout the day. Lunch will take place in groups' assigned classroom. Shared spaces will be cleaned after each group. Equipment and supplies will be cleaned after each use. *If a camper becomes ill or has a fever, camper will be isolated from other campers and parents will be notified and required to pick up immediately.</p> | <p><u>Daily Routine - Davidson County Phase III</u> Campers will be in groups of 20 with 1 counselor. Campers will be in contact with other campers as they participate in activities. Campers will be in own grouped classrooms. Campers will rotate to different areas on campus for outside time, games, and crafts. Campers will wash hands prior to entering classrooms after arrival, after every rotation, before and after lunch. Groups will stay in the assigned classrooms throughout the day. Lunch will take place in groups' assigned classroom. Shared spaces will be cleaned after each group. Equipment and supplies will be cleaned after each use. *If a camper becomes ill or has a fever, camper will be isolated from other campers and parents will be notified and required to pick up immediately.</p> |
| <p><u>Pick Up</u> 4:00pm-6:00pm in front of lower school, Campers will be escorted to their cars Parents will sign out via clipboard</p> | <p><u>Pick Up</u> 4:00pm-6:00pm in front of lower school, Campers will be escorted to their cars Parents will sign out via clipboard</p> | <p><u>Pick Up</u> 4:00pm-6:00pm from the Main Gym back door. Parents will sign students out from the table directly inside the door.</p> |

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| <p>*If camper needs to be picked up prior to 4:00pm, must email campeaglepride@nashvillechristian.org or communicate through the Remind App</p> | <p>*If camper needs to be picked up prior to 4:00pm, must email campeaglepride@nashvillechristian.org or communicate through the Remind App</p> | <p>*If camper needs to be picked up prior to 4:00pm, must email campeaglepride@nashvillechristian.org or communicate through the Remind App</p> |
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Based on the recommendations of the Tennessee Department of Health and the CDC, NCS recommends that persons more **vulnerable or at-risk for COVID-19** as identified by the CDC—including those who have chronic medical conditions—take extra precaution or refrain from attending camp.

Screening:

Staff and campers will be screened upon arrival. Screening will include temperature, symptoms and history of exposure in the form of a checklist done at arrival to work or drop off. Please allow extra time in the morning for this procedure. Your patience with this is appreciated.

- i. Have you been tested for COVID-19? (yes/no)
 - 1. If yes, are you currently awaiting test results? (If yes, check symptoms)
 - ii. Did you or any member of the household test positive for COVID-19?
 - 1. If yes, have 14 days passed since symptoms started? (if yes, 14 days must pass)
- b. Symptom screenings on children should be done with parents present, as results will determine if a child is able to enter your buildings/stay for camp. The following must be assessed to remain at work/camp:
 - 1. Temperature: ≥ 100.4 ; **OR**
 - 2. One of these symptoms
 - o Cough
 - o Shortness of breath
 - OR** at least TWO of these symptoms:
 - o Fever
 - o Chills
 - o Repeated shaking with chills
 - o Muscle pain
 - o Headache
 - o Sore throat
 - o New loss of taste or smell
 - o Vomiting
 - o Diarrhea
- c. Immediately mask and isolate any camper or staff member who reports feeling unwell until they can be evaluated
- d. Staff and children not passing the screen must remain home/quarantined until the following are met:

- fevers); **AND**
- i. No fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers); **AND**
 - ii. Other symptoms have improved (for example, when your cough or shortness of breath has improved)
- AND**
- iii. At least 14 days have passed since symptoms first appeared (for positive test results, self or other household members)

Masking:

Masking is important to control the spread of COVID-19. The Department of Health strongly advocates for masking of both adults and children while in public, indoors spaces, when possible. Of course, masking is not recommended for certain individuals (i.e. children <2 years, those with asthma or other respiratory issues, or those with certain chronic and disabling conditions. **See *masking document***. Please also consider the type of mask for children to ensure choking/strangulation risks. Parents should be made aware of this guidance in advance.

Cleaning:

- Daily classroom cleaning by camp staff
- NCS custodial staff will clean camp spaces periodically throughout the week.

Cloth Face Coverings for Children During COVID-19

To protect ourselves and others from COVID-19, the CDC now recommends cloth face coverings be used when outside. But what about children? Read on for answers to some frequently asked questions about cloth face coverings and children during the COVID-19 pandemic.

Why are people wearing cloth face coverings right now?

Since so many people who have COVID-19 don't have symptoms, wearing cloth face coverings reduces the chance of transmitting the virus through the spray of spit or respiratory droplets. This is especially true for when someone with COVID-19 comes within 6 feet of you, which is the range of transmitting infection through acts like sneezing or coughing.

Should children wear cloth face coverings?

Children under the age of 2 years should **not** wear cloth face coverings.

When do children need to wear cloth face coverings?

There are places where children should wear cloth face coverings. This includes places where they may not be able to avoid staying 6 feet away from others. For example, if you have to take them to the doctor, pharmacy, or grocery store.

However, there are other places where children do NOT need to wear a cloth face covering:

- At home, assuming they have not been exposed to anyone with COVID-19.
- Outside, as long as they can stay at least 6 feet away from others and can avoid touching surfaces. For example, it's fine to take a walk as long as your children stay 6 feet away from others and do not touch tables, water fountains, playground equipment or other things that infected people might have touched.

Caution: you may need to reconsider the use of cloth face coverings if:

- The face coverings are a possible choking or strangulation hazards to your child.
- Wearing the cloth face covering causes your child to touch their face more frequently than not wearing it.

Staying home and physical distancing is still the best way to protect your family from COVID-19. Especially for younger children who may not understand why they can't run up toward other people or touch things they shouldn't, it's best to keep them home. Children who are sick (fever, cough, congestion, runny nose, diarrhea, or vomiting) should not leave home.

What if my child is scared of wearing a face covering?

It's understandable that children may be afraid of cloth face coverings at first. Here are a few ideas to help make them seem less scary:

- Look in the mirror with the face coverings on and talk about it.
- Put a cloth face covering on a favorite stuffed animal.

- Decorate them so they're more personalized and fun.
- Show your child pictures of other children wearing them.
- Draw one on their favorite book character.
- Practice wearing the face covering at home to help your child get used to it.

For children under 3, it's best to answer their questions simply in language they understand. If they ask about why people are wearing cloth face coverings, explain that sometimes people wear them when they are sick, and when they are all better, they stop wearing them.

For children over 3, try focusing on germs. Explain that germs are special to your own body. Some germs are good and some are bad. The bad ones can make you sick. Since we can't always tell which are good or bad, the cloth face coverings help make sure you keep those germs away from your own body.

One of the biggest challenges with having children wear cloth face coverings relates to them "feeling different" or stereotyping them as being sick. As more people wear these cloth face coverings, children will get used to them and not feel singled out or strange about wearing them.

What about children with special health care needs?

- Children who are considered high-risk or severely immunocompromised are encouraged to wear an N95 mask for protection.
- Families of children at higher risk are encouraged to use a standard surgical mask if they are sick to prevent the spread of illness to others.
- Children with severe cognitive or respiratory impairments may have a hard time tolerating a cloth face covering. For these children, special precautions may be needed.

Is there a "right way" to wear a cloth face covering?

Yes. Place the cloth face covering securely over the nose and mouth and stretch it from ear to ear. Remember to wash your hands before and after you wear it and avoid touching it once it's on your face. When back inside, avoid touching the front of the face covering by taking it off from behind. Cloth face coverings should not be worn when eating or drinking.

Wash cloth face coverings after each wearing.

What kind of cloth face covering is best?

Homemade or purchased cloth face coverings are fine for most people to wear. For children, the right fit is important. Pleated face coverings with elastic are likely to work best for kids. Adult cloth face coverings are usually 6x12 inches, and even a child-sized 5x10 inch covering may be too large for small children. Try to find the right size for your child's face and be sure to adjust it for a secure fit.

Due to very limited supply now, professional grade masks like N-95 masks should be reserved for medical professionals on the front lines who have increased risk of exposure to coronavirus.

Stay informed

Families are encouraged to stay up to date about this situation as we learn more about how to prevent this virus from spreading in homes and in communities.

For more parenting information from the AAP, visit www.HealthyChildren.org.

For the latest developments from the CDC, including travel warnings, new cases, and prevention advice, visit www.cdc.gov.

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Source: HealthyChildren.org (4/10/20)

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