

# NCS Preschool

## October Menu

	<p><u>Tuesday October 1</u> Snack: Bananas/Milk</p> <p>Soft Beef Tacos Corn Oranges Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Wednesday October 2</u> Snack: Yogurt/Milk</p> <p>Mac N Cheese Beets Pineapple Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Thursday October 3</u> Snack: Grapes/Milk</p> <p>Spaghetti Green Beans Applesauce Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Friday October 4</u> Snack: Apple/Milk</p> <p>Cheeseburger Baked Beans Peaches Milk</p> <p>Snack: Choose from 2/ Juice</p>
<p><u>Monday October 7</u> Snack: Blueberries/milk</p> <p>Fish White Beans Applesauce Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Tuesday October 8</u> Snack: Bananas/milk</p> <p>Cheese Quesadilla &amp; Salsa Black Beans Oranges Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Wednesday October 9</u> Snack: Yogurt/milk</p> <p>Chicken Tenders Green Beans Pears Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Thursday October 10</u> Snack: Grapes/milk</p> <p>Pizza Sticks Lima Beans Pineapple Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Friday October 11</u> Snack: Apple/milk</p> <p>Chicken Sliders Peas Peaches Milk</p> <p>Snack: Choose from 2/juice</p>
<p><u>Monday October 14</u> Blueberries/milk</p> <p>Chicken Tenders Green Beans Pears Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Tuesday October 15</u> Snack: Bananas/milk</p> <p>Soft Beef Taco Corn Oranges Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Wednesday October 16</u> Snack: Yogurt/milk</p> <p>Chicken &amp; Rice Peas Applesauce Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Thursday October 17</u> Snack: Grapes/milk</p> <p>Mac &amp; Cheese Lima Beans Peaches Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Friday October 18</u> Snack: Apple/milk</p> <p>Cheeseburgers Baked Beans Pineapple Milk</p> <p>Snack: Choose from 2/juice</p>
<p><u>Monday October 21</u> Snack: Blueberries/milk</p> <p>Chicken Tenders Green Beans Applesauce Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Tuesday October 22</u> Snack: Bananas/milk</p> <p>Deli Sandwiches Carrots Pineapple Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Wednesday October 23</u> Snack: Yogurt/milk</p> <p>Meatballs Potatoes Oranges Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Thursday October 24</u> Snack: Grapes/Milk</p> <p>Pizza Sticks Lima Beans Pears Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Friday October 25</u> Snack: Apple/Milk</p> <p>Chicken Sliders Peas Peaches Milk</p> <p>Snack: Choose from 2/juice</p>
<p><u>Monday October 28</u> Snack: Blueberries/Milk</p> <p>Fish White Beans Applesauce Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Tuesday October 29</u> Snack: Bananas/milk</p> <p>Soft Beef Tacos Black Beans Oranges Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Wednesday October 30</u> Snack: Yogurt/milk</p> <p>Deli Sandwiches Carrots Pineapple Milk</p> <p>Snack: Choose from 2/juice</p>	<p><u>Thursday October 31</u> Snack: Grapes/Milk</p> <p>Spaghetti Green Beans Peaches Milk</p> <p>Snack: Choose from 2/juice</p>	