## NCS Preschool October Menu

Monday October 2.	Tuesday October 3.	Wednesday October 4.	Thursday October 5.	Friday October 6.
Snack: Blueberries/Milk	Snack: Bananas/ Milk	Snack: Grapes/Milk	Snack: Yogurt/Milk	Snack: Apple/Milk
Chicken Tenders	Sandwiches	Spaghetti	Pizza Sticks	Chicken Sliders
Peas	Carrots	Green Beans	Lima Beans	Baked Beans
Peaches	Applesauce	Pears	<u>Oranges</u>	Pineapple
Snack: Choose from 2/Juice	Snack: Choose from 2/Juice	Snack: Choose from 2/juice	Snack: Choose from2/juice	Snack: Choose from 2/juice
Monday October 9.	Tuesday October 10.	Wednesday October 11.	Thursday October 12.	Friday October 13.
Snack: Blueberries/Milk	Snack: Bananas/milk	Snack: Grapes/milk	Snack: Yogurt/milk	Snack: Apple/Milk
Fish	Meatballs	Mac n Cheese	Chicken n rice	Cheese burgers
White Beans	Potatoes	Peas	Corn	Baked Beans
Applesauce	Oranges	Pears	Pineapple	Peaches
Snack: choose from2/juice	Milk	Milk	Milk	Milk
Shack: choose fromz/juice	Snack: Choose from 2/juice			
Monday October 16.	Tuesday October 17.	Wednesday October 18.	Thursday October 19.	Friday October 20.
Snack: Blueberries/milk	Snack: Bananas/milk	Snack: Grapes/milk	Snack: Yogurt/milk	Snack: Apple/milk
Chicken Tenders	Chicken Noodle	Pizza sticks	Taco	Burgers
Green beans	Peas	Lima Beans	Corn	Baked Beans
Applesauce	Pineapple	Pears	Oranges	Peaches
Milk	Milk	Milk	Milk	Milk
Snack: Choose from 2/juice				
Monday October 23.	Tuesday October 24.	Wednesday October 25.	Thursday October 26.	Friday October 27.
Snack: Blueberries/milk	Snack: Bananas/milk	Snack: Grapes/milk	Snack: Yogurt/milk	Snack: Apple/milk
Fish	Sandwiches	Spaghetti	Meatballs	Chicken Sliders
White Beans	Carrots	Green Beans	Potatoes	Peas
Peaches	Applesauce	Pears	Oranges	Pineapple
Milk	Milk	Milk	Milk	Milk
Snack: Choose from 2/juice		IVIIIK		IVIIIK
	Snack: Choose from 2/juice	Snack: Choose from 2/juice		
		2,14.00	Snack: Choose from 2/juice	Snack: Choose from 2/juice
Monday October 30.	Tuesday October 31.			
Snack: Blueberries/milk	Snack: Bananas/Milk			
Chicken tenders	Taco	c npy week		
Green Beans	Corn	of one non		
Peaches	Oranges	S. S. Lon		
		1 / 13 V		

Milk

Snack: Choose from 2/juice

Milk

Snack: Choose from 2/Juice