## NCS Preschool October Menu

Monday October 1.	Tuesday October 2.	Wednesday October 3.	Thursday October 4.	Friday October 5.
Snack: Blueberries/Milk	Snack: Bananas/Milk	Snack: Grapes/Milk	Snack: Yogurt/milk	Snack: Apple/Milk
Fish	Taco	Mac N Cheese	Pizza sticks	<u>Chicken Sliders</u>
Corn	Black beans	Beets	Lima beans	White beans
Peaches	Oranges	Pineapple	Applesauce	<u>Pears</u>
Milk	Milk	Milk	Milk	<u>Milk</u>
	Snack: Choose from 2/Juice	Snack: Choose from 2/Juice	Snack: Choose from 2/juice	
Snack: Choose from 2/Juice				Snack: Choose from 2/juice
Monday October 8.	Tuesday October 9.	Wednesday October 10.	Thursday October 11.	Friday October 12.
Snack: Blueberries/milk	Snack: Bananas/milk	Snack: Grapes/milk	Snack: Yogurt/milk	Snack: Apple/milk
Shack. Bidebernes/fillik	Shack. Bahanas/illik	Shack. Grapes/iiiik	Shack. Togult/Illik	Знаск. Аррге/ппк
Chicken Tenders	Sandwiches	Chicken N Rice	Spaghetti	Hamburger
Corn	Carrots	Peas	Green beans	Baked beans
Peaches	Applesauce	Oranges	Pineapple	Pears
Milk	Milk	Milk	Milk	Milk
	Snack: Choose from 2/juice			
Snack: Choose from 2/juice	.,			.,
Monday October 15.	Tuesday October 16.	Wednesday October 17.	Thursday October 18.	Friday October 19.
Snack: Blueberries/milk	Snack: Bananas/milk	Snack: Bananas/milk	Snack: Yogurt/milk	Snack: Apple/milk
,	,	,		11 /
Fish	Sausage and Biscuits	Meatballs	Pizza Sticks	Chicken Sliders
White beans	Hash browns	Potatoes	Lima beans	Peas
pineapple	Applesauce	Oranges	Peaches	Pears
Milk	Milk	Milk	Milk	Milk
Snack: Choose from 2/juice				
Monday October 22.	Tuesday October 23.	Wednesday October 24.	Thursday October 25.	Friday October 26.
Snack: Blueberries/milk	Snack: Bananas/milk	Snack: Grapes/milk	Snack: Yogurt/milk	Snack: Apple/milk
Chicken Tenders	Taco	Chicken n Rice	Mac n Cheese	Hamburger
Green beans	Corn	Peas	Beets	Baked beans
Peaches	Oranges	Pears	Applesauce	Pineapple
Milk	Milk	Milk	Milk	Milk
				Snack: Choose from 2/juice
Snack: Choose from 2/juice	Snack: Choose from 2/juice	Snack: Choose from 2/juice		
			Snack: Choose from 2/juice	
Monday October 29.	Tuesday October 30.	Wednesday October 31.		
Snack: Blueberries/milk	Snack: Bananas/milk	Snack: Grapes/Milk		
Fish	Sausage and Biscuits	Sandwiches		
White beans	Hash browns	Carrots		
Oranges	Applesauce	Pineapple		60 00 0
Milk	Milk			
Snack: Choose from 2/juice	Snack: Choose from 2/juice			
		Snack: Choose from 2/Juice		
	I .	l .		l