

NCS Middle School Track & Field

2019 Schedule

<u>Date</u>	<u>Opponents</u>	<u>Location</u>	<u>Time</u>
3/28	Ensworth, Harding Academy, DCA	Ensworth	4:00
4/11	FRA, CPA, Harding Academy	FRA	4:00
4/15-4/16	Inman Relays*	Harpeth Hall	4:00
4/25	USN & others	USN	4:00
5/1	HVAC Championships <i>Boys & Girls Field Event Finals & Running Event Prelims</i>	FRA	TBA
5/2	HVAC Championships <i>Boys & Girls Running Event Finals</i>	FRA	TBA

**The Inman Relays we will not follow an order of events because everything will be a relay*

TRACK & FIELD ORDER OF EVENTS

* Field events are performed before running events *

4 x 800

100/110 Hurdles

100

4 x 200

1600

4 x 100

400

800

4 x 400